

MOTHERS' UNION MIDDAY PRAYERS FOR NOVEMBER 2025

Theme - Spreading Our Wings

Reflection for - Spreading Our Wings

The success of the RISE UP campaign is helping so many people who have been affected by domestic abuse, as well as raising awareness of Mothers' Union and what we do. As we move into November and the 16 days of Activism against Gender Based Violence, let us pray that we continue to spread our wings and reach out to more and more people that many more may know the love of God and the fellowship of Mothers' Union.

Monday

Father of all, we pray that You will bless those who have been affected by domestic abuse, so that they will find a way to live lives full of hope, love and joy. May we be inspired by them to spread our wings as people of faith and strive to bring justice and peace to the world around us. Amen

Tuesday

God of compassion, bring healing to those wounded by domestic abuse. Shelter them in Your peace, restore their strength, and surround them with love and safety. Soften hearts hardened by violence, and guide all toward justice and mercy. May hope rise where pain once dwelled, and light overcome every shadow. Amen.

Wednesday

Loving Father, we pray that our members will spread their wings to support not only those abused by their partners, but also children who have witnessed domestic abuse and those, including teenagers who may not realise that they are victims of coercive control. Amen

Thursday

Loving God, spread your healing wings over all wounded through injustice and Domestic Abuse. Teach us to spread our wings, too. Fill us with courage to challenge violence by breaking silence, raising awareness and standing with survivors. Guide us to be voices of compassion, instruments of peace and hope. Amen.

Friday

Loving Lord Jesus, we pray for all those who are trapped Behind Closed Doors into relationships where abuses of power are perpetrated, corrupted expressions of love are peddled, and freedoms are curtailed through false representation of your Word. May we as members of Mothers' Union Rise Up and offer ourselves as signposts towards the Open Door to a new Restored life of freedom, safety and genuine love as seen through your life and witness. In Jesus' name Amen

Saturday

Gentle God, we offer to you all who will weep tonight due to fractured relationships. With your tender love, bring them comfort. Guide us to ways we can support and bring hope. That, we may all soar like eagles. Spreading our wings to reach our full potential. Living life to the full in healthy relationship, as you intended
Amen

Final Blessing Prayer

May we wait on the Lord and find our strength renewed by Him

May the love of Christ, help us to soar with wings like an eagle.

May we run and not grow weary, walk and not faint, as the Spirit of God lifts us up.

And the blessing of God the Father, Son and Holy Spirit, bless us and keep us

Amen

Wave of prayer

2-4 November: Lebombo in Mozambique; **Makueni** in Kenya; **Newala** in Tanzania; **Niger-Delta North** in Nigeria; **Riverina** in Australia and **North East India** in India

5-7 November: Antananarivo in Madagascar; **Taita Taveta** in Kenya; **Ikara & Ife** in Nigeria and **Argyll & The Isles** in Scotland

9-11 November: Kadugli & Nuba Mountains in Sudan; **Kinkiizi** in Uganda; **Amichi & Igboina West** in Nigeria and **Ottawa** in Canada

12-14 November: Ukhahlamba in South Africa; **Maseno West** in Kenya; **Oji River** in Nigeria; **Dunkwa-on-Offin** in Ghana; **Guildford** in England and **Coimbatore** in India

16-18 November: Iraq; Katakwa in Kenya; **Kafanchan & Asaba** in Nigeria; **Lincoln** in England and **Trinidad & Tobago**

19-21 November: Muyinga in Burundi; **Lake Rukwa** in Tanzania; **Okrika** in Nigeria; **St Asaph** in Wales; **Bendigo** in Australia and **Gujarat** in India

23-25 November: Southern Malawi in Malawi; **Northern Uganda** in Uganda; **Lafia & Ilaje** in Nigeria and **Thoothukudi-Nazareth** in India

26-28 November: Zululand in South Africa; **Lodwar** in Kenya; **Isiala Ngwa South** in Nigeria; **Accra** in Ghana; **Bangor** in Wales and **Colombo** in Sri Lanka

30 November: Mpumalanga in South Africa; **Central Buganda** in Uganda; **Zonkwa** in Nigeria; **Bo** in Sierra Leone; **Newcastle** in England and **Barrackpore** in India