

Lord, we pray for Mothers' Union worldwide.

1-3 All Mothers' Union trustees and staff throughout the world

4 Mothers' Union worldwide

5-7 Swaziland; Ruaha in Tanzania; Aguata & Lagos Mainland in Nigeria; Norwich in England and Chotanagpur in India

8 – 10 Lesotho; Kibungo in Rwanda; Etche & Ogbomoso in Nigeria; Leeds in England and Hanuato in Solomon Islands

11 Mothers' Union worldwide

12 – 14 Mauritius; Kericho in Kenya; Katsina in Nigeria; Kumasi in Ghana; Winchester in England and Nandyal in India

15 – 17 Seychelles; Bukedi in Uganda; Enugu in Nigeria; Birmingham in England and Marathwada in India

18 Mothers' Union worldwide

19 – 21 St Mark the Evangelist in South Africa; Butare in Rwanda; Okigwe-South in Nigeria; Gambia; British Columbia in Canada and Rajasthan in India

22 – 24 Egypt; Gasabo in Rwanda; Otukpo & On the Coast in Nigeria; Bathurst in Australia and Nasik in India

25 Mothers' Union worldwide

26 – 28 False Bay in South Africa; Shinyanga in Tanzania; Umuahia & Ijebu South West in Nigeria; Bath & Wells in England; Vellore in India

29 – 31 Masvingo in Zimbabwe; Kibondo in Tanzania; Nebbi in Uganda; Bida in Nigeria; Llandaff in Wales and Kanyakumari in India

Final Blessing

May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit. Amen

Midday Prayers 2023: January Transformation – Now! Prayer for transformation

Monday: Prayer for transformation

Blessed is the one who trusts in the Lord, whose confidence is in him. *Jeremiah 17:7*

Gracious God, at the beginning of this new year we put our trust in you.

Give us open hearts and minds to discern your perfect direction for Mothers' Union worldwide through the months and years ahead.

Fill us with faith and vision to follow where you lead. For your purposes are perfect and all your ways are good.

Transform us into a people empowered by the Spirit, overflowing with hope, to effectively serve our communities wherever we live in your world.

Blessed are we who trust in the Lord, whose hope is in him. Amen

Be strong and take heart, all you who hope in the Lord. *Psalm 31:24*

Tuesday:

I love those who love me, and those who seek me diligently will find me. *Proverbs 8:17 (NKJV)*

Gracious God, at the beginning of this new year we put our trust in you.

Give us open hearts and minds to discern your perfect direction for Mothers' Union worldwide through the months and years ahead.

Affirm us in your love that we may be bold to seek your face; drawing near with confidence and full assurance of faith.

Transform us into a people empowered by the Spirit, overflowing with hope, to effectively serve our communities wherever we live in your world.

Blessed are we who are loved by the Lord, whose confidence is in him. Amen

Look to the Lord and his strength; seek his face always. *1 Chronicles 16:11*



Wednesday:

The Lord is my strength and my shield; my heart trusts in him, and he helps me.

Psalm 28:7

Gracious God, at the beginning of this new year we put our trust in you.

Give us open hearts and minds to discern your perfect direction for Mothers' Union worldwide through the months and years ahead.

Strengthen us with resolve to embrace new ways with confidence, that we may have continued relevance in these challenging times.

Transform us into a people empowered by the Spirit, overflowing with hope, to effectively serve our communities wherever we live in your world.

Blessed are we who are strengthened by the Lord, whose trust is in him. Amen

Forget the former things; do not dwell on the past. See, I am doing a new thing! Isaiah 43:18-19

Thursday:

Make my joy complete by being likeminded, having the same love, being one in spirit and of one mind. *Phil 2:2*

Gracious God, at the beginning of this new year we put our trust in you.

Give us open hearts and minds to discern your perfect direction for Mothers' Union worldwide through the months and years ahead. **Unite us in heart and mind that we may move forward with gladness; working together as one body with Christ as our Head.**

Transform us into a people empowered by the Spirit, overflowing with hope, to effectively serve our communities wherever we live in your world. **Blessed are we who are united in the Lord, whose delight is in him. Amen**

Christ makes us one body and individuals who are connected to each other. *Romans 12:5*

Friday:

With God nothing is or ever shall be impossible. *Luke 1:37 (AMP)*

Gracious God, at the beginning of this new year we put our trust in you.

Give us open hearts and minds to discern your perfect direction for Mothers' Union worldwide through the months and years ahead.

Inspire us in our faith that all things are possible with God; that we may pray with confidence and act with courage.

Transform us into a people empowered by the Spirit, overflowing with hope, to effectively serve our communities wherever we live in your world.

Blessed are we who are inspired by the Lord, whose faith is in him. Amen

God is able to do immeasurably more than all we ask or imagine, according to his power that is at work within us. *Ephesians 3:20*

Saturday:

Your work is produced by your faith. Your service is the result of your love. Your strength to continue comes from your hope in our Lord Jesus Christ. You are loved by God. *1 Thessalonians 1:3-4*

Gracious God,

we put our trust in you. Give us open hearts and minds to discern your perfect direction for Mothers' Union worldwide:

Affirm us in your love that we may be bold to seek your face. Strengthen us with resolve to embrace new ways with confidence. Unite us in heart and mind that we may move forward with gladness. Inspire us in our faith that all things are possible with God.

Transform us into a people empowered by the Spirit, overflowing with hope, to effectively serve our communities wherever we live in your world. Amen



Lord, we pray for Mothers' Union worldwide.

1 Mothers' Union worldwide

2 – **4** Matlosane in South Africa; Mumias in Kenya; Eha-Amufu in Nigeria; Ballarat in Australia; Niagara in Canada and North Kerala in India

5 − 7 Botswana; Marsabit in Kenya; Idah & Jebba in Nigeria; Salisbury in England and Andaman & Car Nicobar Islands in India

8 Mothers' Union worldwide

9 – 11 Lainya in South Sudan; Ankole in Uganda; Abuja & Lagos-West in Nigeria; Lichfield in England and Karnataka North in India

12 – 14 Matana in Burundi; South Ankole in Uganda; Morogoro in Tanzania; Ohaji/Egbema in Nigeria; New Westminster in Canada and Dornakal in India

15 Mothers' Union worldwide

16 – 18 Bentiu in South Sudan; Bunyoro Kitara in Uganda; Okigwe-North & Omu-Aran in Nigeria; Kilmore, Elphin & Ardagh in All Ireland and Krishna-Godavari in India

19 – 21 Free State in South Africa; Bondo in Kenya; Ogbia & Offa in Nigeria Swansea & Brecon in Wales; Argentina and Uruguay

22 Mothers' Union worldwide

23 – 25 Wau in South Sudan; Kigeme in Rwanda; Bauchi in Nigeria; St David's in Wales and Mandalay in Myanmar

26 – 28 Mundri in South Sudan; Madi & West Nile in Uganda; Isikwuatu in Nigeria; Chichester in England and Seoul in South Korea

Final Blessing

May the power of the Spirit transform us and equip us for works of service that society may be transformed. To God be the glory. Amen

Midday Prayers 2023: February Transformation – Now! Transformation of society

Monday: Transformation of society

Learn to do right; seek justice. Defend the oppressed. Take up the cause of the fatherless; plead the case of the widow. Isaiah 1:17

O Lord, open my eyes that I may see the need of others, open my ears that I may hear their cries, open my heart so that they need not be without succour.

Let me not be afraid to defend the weak because of the anger of the strong, nor afraid to defend the poor because of the anger of the rich.

Show me where love and hope and faith are needed, and use me to bring them to these places. Open my eyes and ears that I may, this coming day, be able to do some work of peace for thee. Amen ©Alan Paton

Tuesday: Poverty to riches

If anyone has material possessions and sees a brother or sister in need but has no pity on them, how can the love of God be in that person? *1 John 3:17*

God of compassion, your eyes are turned to the poor and needy.

Turn our gaze to see the need around us. Give us a vision of an equal society where poverty has no place.

God of justice,

your face is set against poverty. Shake us out of our comfort. Challenge us to counter injustice whatever the cost to ourselves.

God of hope, your kingdom will come in its fullness. Envision us to act and pray. Inspire us to work for an equal society of fullness of life for all that poverty may be overcome. **Amen**



Wednesday: Homelessness to shelter

Jesus replied, "Foxes have dens and birds have nests, but the Son of Man has no place to lay his head." Matthew 8:20

May God, who had nowhere to lay his head, have mercy on all with no place to call their home.

God of Justice, have mercy on those who sleep... on the streets or in hostels on the floor or on a sofa, in store rooms or offices, and those who know their friends' hospitality is at breaking point.

Help us build a fairer society, where having no home does not exclude anyone from work and health and respect. Help us to build a society where all may 'dwell in safety'.

Shelter us, O Lord, and give us the compassion and knowledge to help others in their search for shelter. Amen Education for Justice

Thursday: Refugees to settlers

My people will live in peaceful dwelling places, in secure homes, in undisturbed places of rest. *Isaiah 32:18*

May God, whose family fled to Egypt, have mercy on all refugees. May God who left his home in glory champion their cause and settle them in peace.

O God,

you bring hope out of emptiness energy out of fear new life out of grief and loss. As Mary returned to mourn yet found unspeakable joy, so comfort all who have lost their homes through persecution, war, exile, or deliberate destruction. Comfort all who have lost their homes through the ravages of natural disasters.

Give them security, a place to live, and neighbours they trust to be with, a new sign of peace to the world. Amen Janet Morley (adapted)

Friday: Loneliness to community

I was a stranger, and you invited me into your home. 'When you did this to one of the least of my brothers and sisters you were doing it to me!' *Matthew 25: 35,40*

God of family and community, draw us near to the lonely and isolated that they may find a place of welcome, purpose for their days, and company to enrich their lives. Amen

God of compassion, be close to those who are ill, afraid or isolated. In their loneliness, be their consolation; in their anxiety, be their hope; in their darkness, be their light; through him who suffered alone on the cross, but reigns with you in glory, Jesus Christ our Lord. **Amen** ©*Church of England*

Saturday: Untaught to educated

Always remember what you have been taught, and don't let go of it. Keep all that you have learned; it is the most important thing in life. *Proverbs 4:12-13 (NCV)*

O God: You have blessed humanity with inquiring and able intellects.

Yet, the fundamental tools of reading, writing and mathematics are still denied to many of us who are poor, who are female, who belong to ethnic or religious minorities, who have mental or physical disabilities.

Let those of us who have been graced with education take responsibility – in our hearts and in our actions – for the education of all people, no matter where they live or who they are, that they may share in the pleasure of learning and the power of knowing.

Amen

Susan Valdes-Dapena



Lord, we pray for Mothers' Union worldwide.

1 Mothers' Union worldwide

2−**4** Yei in South Sudan; Luweero in Uganda; On the Lake in Nigeria; Grafton in Australia; Armagh in All Ireland and South Kerala in India

5-7 Bujumbura in Burundi; Maseno South in Kenya; Ihiala in Nigeria; Cameroon; Calgary in Canada and Ysabel in Solomon Islands

8 Mothers' Union worldwide

9 – 11 Awerial in South Sudan; Mityana in Uganda; Uyo & Ajayi Crowther in Nigeria; Rupert's Land in Canada and Patna in India

12 – 14 Port Elizabeth in South Africa; West Ankole in Uganda; Nomadic Mission & Ekiti-Kwara in Nigeria; Worcester in England and the Episcopal Church of the Philippines

15 Mothers' Union worldwide

16 – 18 Kajo-Keji in South Sudan; Tarime in Tanzania; Dutse & Akoko-Edo in Nigeria and Canterbury in England

19 – 21 Antisiranana in Madagascar; Busoga in Uganda; Yola & Oke-Ogun in Nigeria; Algoma in Canada and Jabalpur in India

22 Mothers' Union worldwide

23 – 25 Rokon in South Sudan; Kampala in Uganda; Kaduna in Nigeria; Koforidua in Ghana; Brisbane in Australia and Peru

26 – 28 Central Zambia in Zambia; Southern Highlands in Tanzania; Ogbaru & Badagry in Nigeria; Bermuda and Chandigarh in India

29 Mothers' Union worldwide

30 – **31** Toamasina in Madagascar; Mukono in Uganda; Ikwerre & Ife East in Nigeria; Down & Dromore in All Ireland and Delhi in India

Final Blessing

May Christ, the true vine, draw us ever closer that we may remain in him as we go to love and serve the Lord. Amen

Midday Prayers 2023: Transformation – Now! March: Remain in me

Monday: My Father is the gardener

I am the true vine, and my Father is the gardener. He cuts off every branch in me that bears no fruit, while every branch that does bear fruit he prunes so that it will be even more fruitful. *John 15:1-2*

Abundant God,

dig deeply in our lives to prepare us for acts of service that will produce a good return.

Loving Father, our heavenly gardener, we open ourselves to your spiritual nurture.

Clear away the debris amassed over time – the dead works, the lurking selfishness, the weeds of doubt and disappointment.

Draw us close to the truest of vines, to the blessing of relationship with Christ, that we may yield a fruitful harvest of service and love for a needy world. **Amen**

Tuesday: Remain in me

Remain in me, as I also remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me. John 15:4

Lord, we would grow with you

New shoots reaching out Hands stretched upward Like leaves newly formed Soaking up your light and warmth Lord, we would grow with you.

Lord, we would grow with you

In sunshine and rain In darkness and light In cold days and summer days From Springtime to Winter Lord, we would grow with you.

Lord, we would grow with you And bring forth fruit That is pleasing to you Fed by your living water Giving sustenance to others

Lord, we would grow with you. Amen © John Birch



Wednesday: Remain in my love

As the Father has loved me, so have I loved you. Now remain in my love. If you keep my commands, you will remain in my love, just as I have kept my Father's commands and remain in his love. John 15:9-10

Christ, the true vine, beloved of the Father, we would remain in your love.

Nurture us with your lavish grace to follow your teaching and keep your commands.

Water us with your life-giving Spirit that we may flourish and grow in service to God and his world.

Cultivate within us a heart of compassion reflecting the love of our heavenly Father as we seek to obey his life-giving Word.

Christ, the true vine, beloved of the Father, we would remain in your love. Amen

Thursday: Complete joy

I have told you this so that my joy may be in you and that your joy may be complete. *John 15:11*

Christ, the true vine, beloved of the Father, we open our lives to your presence. Work deeply within that your joy may be in us and our joy may be complete.

As we remain in your wondrous love may we be filled with your perfect joy, that no one can take away; by which we can know abundance of life.

Christ, the true vine, beloved of the Father, help us be deeply rooted in you that the Spirit may bear fruit in us; that your joy may be in us and our joy may be complete; for the growth of your Kingdom on earth. **Amen**

Friday: The greatest love

Greater love has no one than this: to lay down one's life for one's friends. *John 15:13*

Christ the true vine, beloved of the Father, we marvel at your selfless love; your supreme act of friendship for a helpless people, that we may have eternal life.

Love poured out on that cruel cross, a blood offering so we might go free.

Love poured out, infusing this world with rivers of grace and hope of rebirth.

Love poured out, and into these hearts, who drink from a stream that never runs dry.

© John Birch

Christ the true vine, beloved of the Father, we stand in awe of your supreme act of friendship; we are blessed that you call us your friends. Amen

Saturday: Love one another

You are my friends if you do what I command. This is my command: love each other. *John 15:14, 17*

Christ, the true vine, beloved of the Father, as we remain in your love and are filled with your joy, give us the grace to follow your command to love one another.

Jesus offers a new-old commandment, that we should love each other.

With the incredible power and the unfathomable depth of God's love for us we can, we must love one another.

And it is in this our love for one another that the world will know whom and what we worship.

Come, children of God, let us love one another. Amen © Katherine Hawker



Lord, we pray for Mothers' Union worldwide.

1 Toamasina in Madagascar; Mukono in Uganda; Ikwerre & Ife East in Nigeria; Down & Dromore in All Ireland and Delhi in India

2 – 4 Umzimvubu in South Africa; Lweru in Tanzania; On the Niger in Nigeria; Cape Coast in Ghana; Ontario in Canada and Limerick & Killaloe in All Ireland

5 Mothers' Union worldwide

6 – 8 Cueibet in South Sudan; Gahini in Rwanda; Wusasa & Ibadan in Nigeria and Christchurch in New Zealand

9 – 11 Nord Kivu in DR Congo; Kigali in Rwanda; Kiteto & Kubwa in Nigeria; Perth in Australia and Kuranagala in Sri Lanka

12 Mothers' Union worldwide

13 – 15 Yirol in South Sudan; Ruvuma in Tanzania; Nike & Benin in Nigeria; Canberra & Goulburn in Australia and Dogura in Papua New Guinea

16 – 18 Kindu in DR Congo; Mount Kenya West in Kenya; Egbu in Nigeria; Te Pihopatanga O Aotearoa in New Zealand; Cork, Cloyne & Ross in All Ireland and Eastern Himalayas in India

19 Mothers' Union worldwide

20 – 22 Kinshasa in DR Congo; Victoria Nyanza in Tanzania; Ahoada & Warri in Nigeria; Oxford in England and Port Moresby in Papua New Guinea

23 – 25 Kisangani in DR Congo; Kagera in Tanzania; Awka in Nigeria; Sunyani in Ghana; Manchester in England and Popondota in Papua New Guinea

26 Mothers' Union worldwide

27–29 Port Sudan in Sudan; Muhabura in Uganda; Niger Delta West & Yewa in Nigeria; The Northern Territory in Australia and Chennai in India

30 Aru in DR Congo; Kigezi in Uganda; Ikeduru in Nigeria; Ho in Ghana; York in England and Guyana & Suriname in Guyana

Final Blessing

May our lives bear witness to an encounter with our Saviour and Lord. May the fragrance of Christ linger upon us, drawing all we meet to him. Amen

Midday Prayers 2023: Transformation – Now! April - Encounters with Jesus

Monday: The betrayal of Judas

In this moment, in our hearts, may we encounter afresh our loving Saviour.

Jesus asked him, "Judas, are you betraying the Son of Man with a kiss?" *Luke 22:48*

Lord, how could you bear the hate of betrayal expressed though a symbol of love? We weep at the deed of a faithless friend.

And yet... Daily we betray you afresh in deeds and words and silence. We sully the gift of your friendship through our kiss of faithlessness.

We marvel at your love for us; constant despite our weaknesses and the poverty of our discipleship.

Forgive us, loving Saviour. Accept our thanksgiving, and strengthen us to live our lives in total devotion to you. Amen

May our lives bear witness to an encounter with our loving Saviour. Amen

Tuesday: The abdication of Pilate

In this moment, in our hearts, may we encounter afresh our loving Saviour.

Pilate took water and washed his hands in front of the crowd. "I am innocent of this man's blood," he said. "It is your responsibility!" *Matthew 27:24*

When we wash our hands of your commission to us; when we turn aside from your people in need. When we pass the buck, when we close our eyes, we mirror the past; we shun you afresh. Forgive us, dear Saviour, and renew our hearts.

May we stand before you with hands open wide, ready to embrace your precious commission. For your burden is easy, your load is light, and your presence gives rest to our souls. **Inspire us, dear Saviour, and renew our hearts.**

May our lives bear witness to an encounter with our loving Saviour. Amen



Wednesday: The revelation of the Soldier

In this moment, in our hearts, may we encounter afresh our loving Saviour.

When the centurion, who stood there in front of Jesus, saw how he died, he said, "Surely this man was the Son of God!" *Mark 15:39*

Let our eyes behold the truth; let our lips declare the truth; **this man is the Son of God.**

Let our actions arise from the truth; let our lives bear witness to the truth; **this man is the Son of God.**

Open the eyes of those blinded to the truth; soften the hearts of those hardened to the truth; that together we may proclaim, throughout heaven and on earth: **this man is the Son of God.**

May our lives bear witness to an encounter with our loving Saviour. Amen

Thursday: The joy of Mary

In this moment, in our hearts, may we encounter afresh our risen Lord.

Mary Magdalene went to the disciples with the news: "I have seen the Lord!" John 20:18

Risen Lord, open our eyes. Give us a glimpse of your resurrection glory.

Wipe away our tears of mourning; fill us with joy in your presence.

Take away our spirit of heaviness; clothe us with a garment of praise.

And send us out to spread the news: the Lord is risen.

Hope has been renewed; joy has been rekindled. Death has been defeated; eternity beckons. **The Lord is risen.** Hallelujah! Glory to our God.

May our lives bear witness to an encounter with our risen Lord. Amen

Friday: The doubt of Thomas

In this moment, in our hearts, may we encounter afresh our risen Lord.

Jesus told him, "Because you have seen me, you have believed; blessed are those who have not seen and yet have believed." *John 20:29*

We pray for those whose faith is tested through trials of life; through challenging times. As they struggle to believe, help them in their unbelief.

We pray for those whose faith is tested through the mysteries of unanswered prayer; As they struggle to believe, help them in their unbelief.

We pray for those whose faith is tested in the face of suffering and pain. **As they struggle to believe, help them in their unbelief.**

When doubts fill our hearts; when faith dims and certainty fades; **Lord we believe; help us in our unbelief**

May our lives bear witness to an encounter with our risen Lord. Amen

Saturday: The restoration of Peter

In this moment, in our hearts, may we encounter afresh our risen Lord.

Jesus said, "Simon son of John, do you truly love me?" He answered, "Yes, Lord, you know that I love you." Jesus said, "Take care of my sheep." John 21:16

We hide in the shadow of our faithlessness & sin; We whisper our love for our Lord.

We bathe in the light of forgiveness and mercy; We speak out our love for our Lord.

We revel in the glow of restoration; We shout out our love for our Lord.

Anyone who belongs to Christ has become a new person. The old life is gone; a new life has begun! 2 Corinthians 5: 17

May our lives bear witness to an encounter with our risen Lord. Amen



Lord, we pray for Mothers' Union worldwide.

1 - 2 Aru in DR Congo; Kigezi in Uganda; Ikeduru in Nigeria; Ho in Ghana; York in England and Guyana & Suriname in Guyana

3 Mothers' Union worldwide

4 – **6** Uppershire in Malawi; Maralal Missionary Area in Kenya; Makurdi & Ifo in Nigeria; Tuam, Killala & Achonry in All Ireland and Mumbai in India

7 – 9 Torit in South Sudan; Meru in Kenya; Ikwuano in Nigeria; Sekondi in Ghana and The Arctic in Canada

10 Mothers' Union worldwide

11 – 13 Twic East in South Sudan; Rorya in Tanzania; Owerri & Ughelli in Nigeria; Gippsland in Australia and Cashel & Ossory in All Ireland

14 – 16 Maridi in South Sudan; Kirinyaga in Kenya; Zaki-Biam & Ijesa North-East in Nigeria and Waikato & Taranaki in New Zealand

17 Mothers' Union worldwide

18 – 20 Grahamstown in South Africa; Masasi in Tanzania; Afikpo in Nigeria; Wiawso in Ghana; Chester in England and Northern Argentina in Argentina

21 – 23 Christ the King in South Africa; East Rwenzori in Uganda; Gombe & New Busa in Nigeria and Bunbury in Australia

24 Mothers' Union worldwide

25–27 Bor in South Sudan; Mount Kilimanjaro in Tanzania; Oru & Oleh in Nigeria; Rockhampton in Australia and Agra in India

28 - 30 Angola; North Ankole in Uganda; Okene & Ibadan-South in Nigeria; Aberdeen & Orkney in Scotland and Karnataka South in India

31 Mothers' Union worldwide

Final Blessing

May the church be transformed by the Holy Spirit, as we seek to fulfil God's mission on earth. Amen

Midday Prayers 2023: Transformation – Now! May: Transformation of the Church

Monday: Birth of the Church

Peter said, 'Repent and be baptised, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. Those who accepted his message were baptised, and about three thousand were added to their number that day. Acts 2:38, 41

The Spirit came and your Church was born, in wind and fire and words of power.

The Spirit came blowing fear aside, and in its place weak hearts were stronger.

The Spirit came as your word foretold, with dreams and signs, visions and wonders.

The Spirit came and is here today, to feed the hearts of a world that hungers. © John Birch

Come, Holy Spirit. Build your church in love and power to fulfil your mission on earth. Amen

Tuesday: A united Church

They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favour of all the people. And the Lord added to their number daily those who were being saved. All the believers were one in heart and mind. Acts 2:46-47; 4:32

Come, Holy Spirit. Unite the church in communion to reflect the Father's heart and glorify his holy name.

Heavenly Father, we rejoice to be your family, united in sharing life together. Empowered by your Spirit we praise your holy name.

As we share your goodness together, turn our gaze to those around us. Empowered by your Spirit may we draw them into your church.

Heavenly Father, unite us in communion as your church. Empowered by your Spirit we glorify your holy name. Amen

Wednesday: An empowered Church

After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly. Acts 4:31

Come Holy Spirit. Fill your church with power, enfold us in your love, inspire us with your truth.

The Spirit of God, precious gift once bestowed upon the few, is now lavished on us all.

In faith we receive the Holy Spirit; the blessing of God to empower his church.

Holy Spirit, envision your church with holy purpose; that we may build God's kingdom on earth.

With joy we receive the Holy Spirit; the blessing of God to empower his church.

Christ our Lord, fill your church with the power of your Spirit to boldly declare the wonders of God. **Amen**

Thursday: A global Church

Go and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit. Matthew 28:19

God our Father, we come to you as ordinary, everyday people, nothing special about us and no particular merits to boast of, yet you have welcomed us into your family, you have called us to be your Church, and you have given us a place among the great company of saints in heaven and on earth.

By your grace, help us to fulfil that calling, through Jesus Christ our Lord. ©Nick Fawcett

©INICK Fawce

Our Father binds us together from the four corners of the world; His love draws us in to himself and out to one another, his global church.

Thanks be to God. Amen

Friday: A witnessing Church

With great power the apostles continued to testify to the resurrection of the Lord Jesus. And God's grace was so powerfully at work in them all. Acts 4:35

Draw your Church together, O God; into one great company of disciples; together following our Lord Jesus Christ into every walk of life, together serving him in his mission to the world, and together witnessing to his love on every continent and island.

Fill us with your love So that we my gladly speak for you, work for you, And live our whole life for you, Until all the nations of the earth Join with us in endless praise; Through Jesus Christ our Lord. © Prayers of the People 1992

Come, Holy Spirit. Build your church to be a witness of your love. Amen

Saturday: A holy Church

Christ loved the church and gave himself up for her to make her holy, cleansing her by the washing with water through the word. Ephesians 5:25-26

Come Holy Spirit. Transform your church into the image of Christ that we may be his holy bride reflecting the radiance of his glory.

The Church's one foundation is Jesus Christ her Lord; She is his new creation by water and the Word. From heaven he came and sought her to be his holy Bride; with his own blood he bought her, and for her life he died.

S.J. Stone; 1839-1900

Come Holy Spirit. Ready your church for the wedding of the lamb that we may be Christ's holy bride clothed in the radiance of his glory. Amen





Midday Prayers 2023: Transformation - Now! 18th-28th May: Thy Kingdom Come

In praying 'Thy Kingdom Come' we all commit to playing our part in the renewal of the nations and the transformation of communities. *Archbishop Justin Welby*

As part of Mothers' Union's engagement with *Thy Kingdom Come* our special Midday Prayers for its duration focus on the daily themes for this year and material from the *Thy Kingdom Come* resources.

Thursday 18th May: Ascension Day

Jesus lifted up his hands and blessed them. While he was blessing them, he left them and was taken up into heaven. *Luke 24:50-51*

Almighty God, your ascended Son has sent us into the world to preach the good news of your kingdom: inspire us with your Spirit and fill our hearts with the fire of your love, that all who hear your word may be drawn to you, through Jesus Christ our Lord. **Amen**

Glory to God, whose power, at work among us, can do infinitely more than we can ask or conceive; to him be glory in the Church and in Christ Jesus, for ever and ever. Alleluia. Amen

Wave of Prayer for Mothers' Union (see first page)

Final blessing

We go in the power of Christ who taught us to pray *thy Kingdom come;* to share his love as we serve his world. Amen

Friday 19th May: Our Father in Heaven loves

God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life. *John 3:16*

Loving God, we respond to your amazing love by serving you in all that we do.

But sometimes we feel tired and when we do, we ask that you will refresh us. Sometimes we feel we have let you down and when we do, we ask that you will pick us up. Sometimes we feel we have disowned you and when we do, we ask that you will put your gentle arms of love around us.

Then, when we are refreshed, picked up and helped by you, Lord, send us out into the community to continue to serve you in response to your amazing love. Amen Revd Richard Teal

Wave of Prayer for Mothers' Union (see first page)

Final blessing

We go in the power of Christ, who taught us to pray *thy Kingdom come;* to share his love as we serve his world. Amen

Saturday 20th May: Our Father in Heaven speaks

In the past God spoke to our ancestors through the prophets at many times and in various ways, but in these last days he has spoken to us by his Son. *Hebrews 1:1-2*

Open our ears, glorious Lord Christ, to hear the music of your voice above the chaos of this world; open our eyes to see the vision of your glory, for you are our King, now and for ever.

Lord Christ, true light of the world, shine, we pray, in the hearts of your people, that we might see the Way that leads to eternal life, and follow without stumbling.

For you are the Way, O Christ, as you are the Truth and the Life. Amen

Wave of Prayer for Mothers' Union (see first page)

Final blessing

We go in the power of Christ, who taught us to pray *thy Kingdom come*; to share his love as we serve his world. Amen

Sunday 21st May: Our Father in Heaven creates

In the beginning God created the heavens and the earth. God saw all that he had made, and it was very good. *Genesis 1:1, 31*

Holy God, you are the beginning and the end, the source of all that is and the hope for all that is to come.

You hold all things together and everything that is exists under your shadow. Shape our world, our communities and our lives by this conviction.

By your grace and mercy made known in Jesus and emboldened by your Spirit, help us to bear witness to all that we know and experience of you. Amen *Revd John Hellyer*

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Wave of Prayer for Mothers' Union (see first page)

Final blessing

We go in the power of Christ who taught us to pray *thy Kingdom come;* to share his love as we serve his world. Amen

Monday 22nd May: Our Father in Heaven gives

See what great love the Father has lavished on us, that we should be called children of God! And that is what we are! *1 John 3:1*

All-gracious God, by your creative word you brought the world to birth.

In your generous love you made the human family, that we might see your glory and live forever in your presence. This gift is so great and so wonderful. Help us to ever remember that this gift is not just for us, but for all people; not for us to give, but for all to receive.

May your generous love be known in us, that we may share the richness we already know, in Jesus Christ our Saviour. Amen

Wave of Prayer for Mothers' Union (see first page)

Final blessing

We go in the power of Christ who taught us to pray *thy Kingdom come*; to share his love as we serve his world. Amen

Tuesday 23rd May: Our Father in Heaven walks with us

As God has said: I will live with them and walk among them, and I will be their God, and they will be my people. *2 Corinthians 6:16*

Gracious God, you call us on a journey to grow in grace and holiness.

As we travel on that journey give us an assurance of your loving presence, that, filled with your Spirit, we may work with you, and our fellow pilgrims, in the transformation of our churches and our communities so that they become signs of your kingdom of justice and joy. **Amen** *Revd Ian Howarth*

Wave of Prayer for Mothers' Union (see first page)

Final blessing

We go in the power of Christ who taught us to pray *thy Kingdom come;* to share his love as we serve his world. Amen

Wednesday 24th May: Our Father in Heaven listens

I call on you, my God, for you will answer me; turn your ear to me and hear my prayer. *Psalm 17:6*

Let us be swift to approach God's throne. His ear is open to our prayers. His mercy draws us close; his grace is all we need.

He will hear our voice as we whisper our prayers. He will meet our needs from the riches of his grace.

May we cherish these times: precious moments with God, to pour out our hearts and listen for his reply.

Heavenly Father, hear our prayers, as we open our hearts to you. Amen

Wave of Prayer for Mothers' Union (see first page)

Final blessing

We go in the power of Christ who taught us to pray *thy Kingdom come;* to share his love as we serve his world. Amen

Thursday 25th May: Our Father in Heaven saves

God saved us, not because of righteous things we had done, but because of his mercy. He saved us through the washing of rebirth and renewal by the Holy Spirit. *Titus 3:5*

Transforming God, make me more like Jesus.

And because I know my life is not like that, show me Jesus today.

Change my prayer from asking things for myself to asking you what you would like for me, so that my life can be part of your story.

And help me to pray for others, that they may know Christ for themselves.

Transforming God, make me more like Jesus. Amen

Wave of Prayer for Mothers' Union (see first page)

Final blessing

We go in the power of Christ who taught us to pray *thy Kingdom come*; to share his love as we serve his world. Amen

Friday 26th May: Our Father in Heaven encourages

Do not fear, for I am with you; do not be dismayed, for I am your God. I will strengthen you and help you; I will uphold you with my righteous right hand. *Isaiah 41:1*

Loving God, our hearts are restless till they find their rest in you.

Be my rest and my security, for the storms are raging and the waves crash over.

Help me to know today that all that is good comes from you and will return to you in the silence of your eternal and never changing love.

Be with me as I hold myself and hold others in your loving embrace. Amen

Wave of Prayer for Mothers' Union (see first page)

Final blessing

We go in the power of Christ who taught us to pray *thy Kingdom come*; to share his love as we serve his world. Amen

Saturday 27th May: Our Father in Heaven empowers

God's divine power has given us everything we need for a godly life through our knowledge of him who called us by his own glory and goodness. *2 Peter 1:3*

Lord God, stir, we pray, in every heart a longing for you. Grant us discernment that we may recognise your direction; grant us courage that we may step out and follow; grant us deep trust in you, loving God, the one who holds and promises never to abandon us.

As we follow you, Lord God, we pray that in the power of your Spirit, you will illumine your people with your light, that you will form the lives of those who commit to you, that every aspect of our lives together will point to Jesus and that your people will be a blessing to many. **Amen** *Revd Heather Morris*

Wave of Prayer for Mothers' Union (see first page)

Final blessing

We go in the power of Christ who taught us to pray *thy Kingdom come;* to share his love as we serve his world. Amen

Sunday 28th May: Pentecost Sunday

If you then, though you are evil, know how to give good gifts to your children how much more will your Father in heaven give the Holy Spirit to those who ask him! *Luke 11:13*

Almighty God, your ascended Son has sent us into the world to preach the good news of your kingdom: inspire us with your Spirit and fill our hearts with the fire of your love, that all who hear your word may be drawn to you, through Jesus Christ our Lord. **Amen**

Glory to God, whose power, at work among us, can do infinitely more than we can ask or conceive; to him be glory in the Church and in Christ Jesus, for ever and ever. Alleluia. Amen

Wave of Prayer for Mothers' Union (see first page)

Final blessing

We go in the power of Christ who taught us to pray *thy Kingdom come*; to share his love as we serve his world. Amen



Lord, we pray for Mothers' Union worldwide.

1 - 2 Aru in DR Congo; Kigezi in Uganda; Ikeduru in Nigeria; Ho in Ghana; York in England and Guyana & Suriname in Guyana

3 Mothers' Union worldwide

4 – **6** Uppershire in Malawi; Maralal Missionary Area in Kenya; Makurdi & Ifo in Nigeria; Tuam, Killala & Achonry in All Ireland and Mumbai in India

7-9 Torit in South Sudan; Meru in Kenya; Ikwuano in Nigeria; Sekondi in Ghana and The Arctic in Canada

10 Mothers' Union worldwide

11 – 13 Twic East in South Sudan; Rorya in Tanzania; Owerri & Ughelli in Nigeria; Gippsland in Australia and Cashel & Ossory in All Ireland

14 – 16 Maridi in South Sudan; Kirinyaga in Kenya; Zaki-Biam & Ijesa North-East in Nigeria and Waikato & Taranaki in New Zealand

17 Mothers' Union worldwide

18 – 20 Grahamstown in South Africa; Masasi in Tanzania; Afikpo in Nigeria; Wiawso in Ghana; Chester in England and Northern Argentina in Argentina

21 – 23 Christ the King in South Africa; East Rwenzori in Uganda; Gombe & New Busa in Nigeria and Bunbury in Australia

24 Mothers' Union worldwide

25–27 Bor in South Sudan; Mount Kilimanjaro in Tanzania; Oru & Oleh in Nigeria; Rockhampton in Australia and Agra in India

28 - 30 Angola; North Ankole in Uganda; Okene & Ibadan-South in Nigeria; Aberdeen & Orkney in Scotland and Karnataka South in India

31 Mothers' Union worldwide

Final Blessing

May the church be transformed by the Holy Spirit, as we seek to fulfil God's mission on earth. Amen

Midday Prayers 2023: Transformation – Now! May: Transformation of the Church

Monday: Birth of the Church

Peter said, 'Repent and be baptised, every one of you, in the name of Jesus Christ for the forgiveness of your sins. And you will receive the gift of the Holy Spirit. Those who accepted his message were baptised, and about three thousand were added to their number that day. Acts 2:38, 41

The Spirit came and your Church was born, in wind and fire and words of power.

The Spirit came blowing fear aside, and in its place weak hearts were stronger.

The Spirit came as your word foretold, with dreams and signs, visions and wonders.

The Spirit came and is here today, to feed the hearts of a world that hungers. © John Birch

Come, Holy Spirit. Build your church in love and power to fulfil your mission on earth. Amen

Tuesday: A united Church

They broke bread in their homes and ate together with glad and sincere hearts, praising God and enjoying the favour of all the people. And the Lord added to their number daily those who were being saved. All the believers were one in heart and mind. Acts 2:46-47; 4:32

Come, Holy Spirit. Unite the church in communion to reflect the Father's heart and glorify his holy name.

Heavenly Father, we rejoice to be your family, united in sharing life together. Empowered by your Spirit we praise your holy name.

As we share your goodness together, turn our gaze to those around us. Empowered by your Spirit may we draw them into your church.

Heavenly Father, unite us in communion as your church. Empowered by your Spirit we glorify your holy name. Amen



Wednesday: An empowered Church

After they prayed, the place where they were meeting was shaken. And they were all filled with the Holy Spirit and spoke the word of God boldly. Acts 4:31

Come Holy Spirit. Fill your church with power, enfold us in your love, inspire us with your truth.

The Spirit of God, precious gift once bestowed upon the few, is now lavished on us all.

In faith we receive the Holy Spirit; the blessing of God to empower his church.

Holy Spirit, envision your church with holy purpose; that we may build God's kingdom on earth.

With joy we receive the Holy Spirit; the blessing of God to empower his church.

Christ our Lord, fill your church with the power of your Spirit to boldly declare the wonders of God. **Amen**

Thursday: A global Church

Go and make disciples of all nations, baptising them in the name of the Father and of the Son and of the Holy Spirit. Matthew 28:19

God our Father, we come to you as ordinary, everyday people, nothing special about us and no particular merits to boast of, yet you have welcomed us into your family, you have called us to be your Church, and you have given us a place among the great company of saints in heaven and on earth.

By your grace, help us to fulfil that calling, through Jesus Christ our Lord. ©Nick Fawcett

Our Father binds us together from the four corners of the world; His love draws us in to himself and out to one another, his global church.

Thanks be to God. Amen

Friday: A witnessing Church

With great power the apostles continued to testify to the resurrection of the Lord Jesus. And God's grace was so powerfully at work in them all. Acts 4:35

Draw your Church together, O God; into one great company of disciples; together following our Lord Jesus Christ into every walk of life, together serving him in his mission to the world, and together witnessing to his love on every continent and island.

Fill us with your love So that we my gladly speak for you, work for you, And live our whole life for you, Until all the nations of the earth Join with us in endless praise; Through Jesus Christ our Lord. © Prayers of the People 1992

Come, Holy Spirit. Build your church to be a witness of your love. Amen

Saturday: A holy Church

Christ loved the church and gave himself up for her to make her holy, cleansing her by the washing with water through the word. Ephesians 5:25-26

Come Holy Spirit. Transform your church into the image of Christ that we may be his holy bride reflecting the radiance of his glory.

The Church's one foundation is Jesus Christ her Lord; She is his new creation by water and the Word. From heaven he came and sought her to be his holy Bride; with his own blood he bought her, and for her life he died. *S.J. Stone; 1839-1900*

Come Holy Spirit. Ready your church for the wedding of the lamb that we may be Christ's holy bride clothed in the radiance of his glory. Amen



Lord, we pray for Mothers' Union worldwide.

1-3 Johannesburg in South Africa; Kumi in Uganda; Nsukka & Idoani in Nigeria; Derby in England and Madhya Kerala in India

4 – **6** Ibba in South Sudan; Maseno North in Kenya; Isiala-Ngwa & Ondo in Nigeria; Fredericton in Canada and Amritsar in India

7 Mothers' Union worldwide

8 – 10 Yambio in South Sudan; Garissa in Kenya; Mbamili in Nigeria; Hereford in England; Willochra in Australia and Thailand

11 – 13 Mahajanga in Madagascar; Mara in Tanzania; West Buganda in Uganda; Kwoi in Nigeria; Newcastle in Australia and East Kerala in India

14 Mothers' Union worldwide

15 - 17 Bukavu in DR Congo; Nyahururu in Kenya; Gboko in Nigeria; Portsmouth in England and New Guinea Islands in Papua New Guinea

18 – 20 Rejaf in South Sudan; Military Episcopate in Kenya; Doko & Owo in Nigeria; Chelmsford in England and Jamaica & Cayman Islands

21 Mothers' Union worldwide

22 – 24 Rumonge in Burundi; Tabora in Tanzania; Kabba & Bukuru in Nigeria; St Albans in England and Nagpur in India

25–27 Table Bay in South Africa; Rift Valley in Tanzania; Evo & Ijebu in Nigeria; Adelaide in Australia and Taejon in South Korea

28 Mothers' Union worldwide

29 - 30 Eastern Zambia in Zambia; Mombasa in Kenya; Gwagwalada & Ekiti-West in Nigeria; Leicester in England and Temotu in Solomon Islands

Final Blessing

We go from here to serve Christ; trusting in his love to sustain us, his power to enable us and his presence to guide us, today and always. Amen

Midday Prayers 2023: June Transformation – Now! Serving Christ in every way

Monday: Serving wholeheartedly

Lead lives worthy of the Lord, fully pleasing to him, as you bear fruit in every good work and as you grow in the knowledge of God. *Colossians 1:10*

Thank you, Lord, that as we grow in faith so we grow in commitment to those you call us to serve.

May we serve with the love of Christ and bring comfort that comes from God. May we share burdens through the power of Christ and bring strength that comes from God.

May we view others through the eyes of Christ and show compassion that comes from God. May we respond with the forbearance of Christ, and show grace that comes from God.

May our faith in Christ inspire us to lives of wholehearted service. Amen

Tuesday: Serving with love

My children, we should love people not only with words and talk, but by our actions and true caring. *1 John 3: 18 (NCV)*

Lord, we hear your word; let us be doers of your will.

Thank you, Lord for showing us that love has no boundaries or end but listens, has patience, compassion, grace, and gives without counting cost.

Thank you for granting us a heart for those you love, and a willingness to step out in faith and service.

Thank you , Lord for showing us true love can be ours to know and give.

©John Birch >>



Loving Lord, help us to follow your ways to enable our work to flourish. May your living Word inspire us for lives of loving service. Amen

Wednesday: Worship through serving

Offer yourselves as a living sacrifice to God, dedicated to his service and pleasing to him. This is the true worship that you should offer. *Romans 12:1*

Loving Lord, we worship you. We offer up our lives as a sacrifice of praise.

May the works of our hands to serve others be reflected as hands raised in worship.

May our words of support for the vulnerable echo in the heavens as songs of praise to our God.

May each step that we take to alleviate need be woven into dancing in the presence of our Lord.

May all that we do in the service of Christ be an offering of true worship.

May our worship of God be manifest through our lives of faithful service. Amen

Thursday: Serving with our hands

You obey the law of Christ when you offer each other a helping hand. *Galatians 6:2 (CEV)*

Lord, we hear your word; let us be doers of your will.

God, help me to cherish the last time I used my hands to touch someone with love, to hold someone with comfort, to reach out to someone with compassion to make something constructive to place power into another's hands... So that I may always touch, hold, reach out, make and place; and let my hands lead me in a life of action where my words may follow. Amen *Rachel Halsall*

Loving Lord, help us to follow your word to enable our work to flourish. May the love of God inspire us to reach out our hands in service. Amen

Friday: Serving with our voice

To give an appropriate answer is a joy; how good is a word at the right time! *Proverbs 15:23*

Loving Lord, use our voices in service to comfort the suffering, and proclaim the mercy of God.

Living Word, give us your compassion to speak words of comfort to the troubled. **Lord, give us your words of life.**

Living Word, give us your insight to speak words of encouragement to the weary. Lord, give us your words of life.

Living Word, give us your mercy to speak words of relief to the suffering. Lord, give us your words of life.

Loving Lord, help us to follow your word to enable our work to flourish. May the love of God inspire us to speak out in faithful service. Amen

Saturday: Serving Christ in every way

Now you are the body of Christ, and each one of you is a part of it. *1 Corinthians 12:27*

Christ has no body now on earth but yours, no hands but yours, no feet but yours. Yours are the eyes through which he must look with Christ's compassion on the world. Yours are the feet with which he is to go about doing good, Yours are the hands with which he blesses now. St Teresa of Avila

Loving Lord, thank you for your unfailing love and continued guidance as we follow in the footsteps of our Servant King.

Fill us with your grace and equip us to serve that we may reach out to the world you love. Amen



Lord, we pray for Mothers' Union worldwide.

1 Eastern Zambia in Zambia; Mombasa in Kenya; Gwagwalada & Ekiti-West in Nigeria; Leicester in England and Temotu in Solomon Islands

2 – **4** Renk in South Sudan; Cyangugu in Rwanda; Arochukwu/Ohafia & Ile-Oluji in Nigeria; St Andrews, Dunkeld & Dunblane in Scotland and Sittwe in Myanmar

5 Mothers' Union worldwide

6 – 8 Wad Medani in Sudan; Kondoa in Tanzania; Ikwo & Remo in Nigeria; Montreal in Canada and the Windward Islands in St Lucia, Grenada, St Vincent & The Grenadines

9 – 11 El Obeid in Sudan; Butere in Kenya; Nnewi in Nigeria; London in England and the Province of the USA

12 Mothers' Union worldwide

13 – 15 Toliara in Madagascar; Mbale in Uganda; Zaria & Ndokwa in Nigeria, Rochester in England and Chhattisgarh in India

16 – 18 Lake Malawi in Malawi; Byumba in Rwanda; Jalingo in Nigeria; St Edmundsbury & Ipswich in England and Lucknow in India

19 Mothers' Union worldwide

20 – **22** Gitega in Burundi; Murag'a South and Mbeere in Kenya; Enugu North in Nigeria; Tonga in Diocese of Polynesia and Jaffna in Diocese of Church of South India

23–25 George in South Africa; Bungoma in Kenya; Western Tanganyika in Tanzania; Ideato in Nigeria; Sodor & Man in Isle of Man and Toronto in Canada

26 Mothers' Union worldwide

27 - 29 Northern Zambia in Zambia; Mpwapwa in Tanzania; Gusau & Osun in Nigeria; Sydney in Australia and Rayalaseema in India

30 – 31 Boga in DR Congo; Manicaland in Zimbabwe; Tanga in Tanzania; Ogoni in Nigeria; Carlisle in England and Melbourne in Australia

Final Blessing

May the blessing of God strengthen and encourage us as we go from here to live lives of gratitude and service. Amen

Midday Prayers 2023: Transformation – Now! July - Gratitude

Monday: Gratitude to God

Be thankful people. Sing to God with gratitude in your hearts. *Colossians 3:15, 16 (CEB)*

Give thanks to the Lord, for he is good. **His love endures forever.**

Give thanks to the God of gods. **His love endures forever.**

Give thanks to the Lord of lords: **His love endures forever.**

Give thanks to God who alone does great wonders, **His love endures forever**.

Let the redeemed of the Lord share our story – we who unite in prayer across the world, from east and west, from north and south.

Let us give thanks to the Lord for his unfailing love and his wonderful deeds through all the earth.

Give thanks to the Lord, for he is good. His love endures forever. Amen From Psalms 107; 136

Tuesday: Gratitude for the past

Jesus Christ is the same yesterday and today and forever. *Hebrews 13:8*

God of history and eternity, as we celebrate your faithfulness deepen our gratitude for the past and envision us for the future.

Loving Lord, we look back down the years and see the imprint of your faithfulness on all that has come to pass.

We thank you for those who led the way in worship and service to your world. For those who faithfully served you in quiet and unseen ways.

Loving Lord, we look back down the years and remember your faithfulness to us with thankfulness and praise.

As we look back with gratitude so we look forward with faith. We place our trust in our loving God whose faithfulness spans all ages. Amen



Wednesday: A heart of gratitude

I will give you a new heart, and I will put a new spirit in you. *Ezekiel 36:26 (NLT)*

Lord, give me this day a heart of gratitude:

Give me a heart of gratitude which is so filled with thanksgiving that worry and concern have no room.

Give me a heart of gratitude which remembers you as the present Giver who is my refuge and my portion.

Give me a heart of gratitude which cries out thanksgiving and praise even in the midst of anguish, pain, and frustration.

Give me a heart of gratitude which is capable of love, hope, and peace despite the tensions, hurts, and foolishness of this world.

Give me a heart of gratitude which is ever and always yours. Amen

James Spencer (adapted)

Thursday: Gratitude for Christ

Just as you received Christ Jesus as Lord, continue to live your lives in him, rooted and built up in him, strengthened in the faith as you were taught, and overflowing with thankfulness. *Colossians 2:6-7*

We give thanks for the sacrificial love of Christ with deeply grateful hearts.

Dear Heavenly Father, thank you for the joy, peace, help and blessings that you give to us each day.

Thank you for this wondrous world filled with all the wonderful gifts you have given to us.

Thank you for our families, friends and the fellowship of your Church.

And we thank you for the most wondrous gift of all – the forgiveness of our sins, bought for us by the love of your most blessed Son, our Saviour Jesus Christ. Amen

> Kilskeery & Trillick Mothers' Union, Province of All-Ireland

Friday: Gratitude for each other

I never stop thanking God for you. I always remember you in my prayers. Ephesians 1:16 (GW)

Heavenly Father, we celebrate and give thanks for the people who are part of our lives.

Help us to appreciate each other's unique qualities. Help us to treasure each other's special gifts.

May we be slow to judge and quick to forgive; ready to treat others as we wish for ourselves.

Let us seek each other's good by encouragement and support that our relationships may flourish and reflect your perfect love .

Heavenly Father, we celebrate and give thanks for the people who are part of our lives. Fill us with your love for one another that our relationships may flourish and grow. Amen

Saturday: Gratitude for life

Jesus said: I have come that they may have life, and have it to the full. John 10:10

How lavish is our God! We celebrate the gift of life with grateful hearts.

What wonders we find in the gift of life. Our joy in the beauty of nature; our delight in loving relationships; our pleasure in a job well done or a new skill mastered.

Each facet of life adds richness to our days. A foretaste of the glory that awaits when we step into the realm of eternity and our cup overflows.

Generous God, we thank you for the imprint of heaven which enhances our gift of the here and now.

How lavish is our God! We celebrate the gift of life with grateful hearts. Amen



Lord, we pray for Mothers' Union worldwide.

1 Boga in DR Congo; Manicaland in Zimbabwe; Tanga in Tanzania; Ogoni in Nigeria; Carlisle in England and Melbourne in Australia

2 Mothers' Union worldwide

3 – 5 Juba in South Sudan; Kitale in Kenya; Minna & Lagos in Nigeria; Moray, Ross & Caithness in Scotland and Madurai-Ramnad in India

6 – 8 Northern Malawi in Malawi; Eldoret in Kenya; Ngbo & Akure in Nigeria; North West Australia in Australia and Aipo Rongo in Papua New Guinea

9 Mothers' Union worldwide

10 – 12 Niassa in Mozambique; Masindi Kitara in Uganda; Langtang & Esan in Nigeria; North Queensland in Australia and Kolhapur in India

13 – 15 Natal in South Africa; Kajiado in Kenya; Okigwe & Western Izon in Nigeria; Nova Scotia & Prince Edward Island in Canada and Toungoo in Myanmar

16 Mothers' Union worldwide

17–19 Kasai in DR Congo; Shyira in Rwanda; Ijumu & Egba West in Nigeria; Liverpool in England and Sambalpur in India

20 – 22 Central Zimbabwe in Zimbabwe; Lango in Uganda; Kebbi in Nigeria; Tamale in Ghana; Sheffield in England and Guadalcanal in Solomon Islands

23 Mothers' Union worldwide

24 – 26 Saldanha Bay in South Africa; Karamoja in Uganda; Udi & Etsako in Nigeria; Wellington in New Zealand and Yangon in Myanmar

27 – 29 Matabeleland in Zimbabwe; Mount Kenya Central in Kenya; Niger West in Nigeria; Wangaratta in Australia; Clogher in All Ireland and Hpa-An in Myanmar

30 Mothers' Union worldwide

31 Harare in Zimbabwe; Machakos in Kenya; Ogori-Magongo & Ekiti in Nigeria; Southwark in England and Phulbani in India

Final Blessing

May our songs of celebration of the wonder of God overflow from our hearts, bringing joy into his world. Amen

Midday Prayers 2023: Transformation – Now! August: Songs of celebration

Monday: Songs of celebration

Speak to one another with psalms, hymns and spiritual songs. Sing and make music in your heart to the Lord. *Ephesians 5:19*

Shout for joy to the Lord, all the earth. Worship the Lord with gladness; come before him with joyful songs.

Know that the Lord is God. It is he who made us, and we are his; we are his people, the sheep of his pasture.

Enter his gates with thanksgiving and his courts with praise; give thanks to him and praise his name.

For the Lord is good and his love endures for ever; his faithfulness continues through all generations. Psalm 100

Lord of heaven and earth, may our songs of celebration bring praise to your name and joy to your world. Amen

Tuesday: Celebration of creation

The heavens declare the glory of God; the skies proclaim the work of his hands. Their voice goes out into all the earth, their words to the ends of the world. *Psalm 19:1, 4*

The heavens declare your glory, the skies exalt your name.

And though no anthems are sung, no sermons written or candles lit, within the beauty of dawn's breaking chorus, sun rising, stars at night, lies more theology than any hymn that we could sing.

So we behold your glory, and in our hearts join with the heavens in rejoicing. © John Birch

Lord of all creation, may our songs of celebration bring praise to your name and joy to your world. Amen



Wednesday: Celebration of God's righteousness

Speak to one another with psalms, hymns and spiritual songs. Sing and make music in your heart to the Lord. *Ephesians 5:19*

We will be glad and rejoice in you; We will sing the praises of your name, O Most High.

He rules the world in righteousness and judges the peoples with equity.

The Lord is a refuge for the oppressed, a stronghold in times of trouble. Those who know your name trust in you, for you, Lord, have never forsaken those who seek you.

Sing the praises of the Lord, enthroned in Zion; proclaim among the nations what he has done. *Psalm 9: 2, 8-11*

Righteous Lord, may our songs of celebration bring praise to your name and joy to your world. Amen

Thursday: Celebration of God's goodness

They celebrate your abundant goodness and joyfully sing of your righteousness. The Lord is good to all; he has compassion on all he has made. *Psalm 145:7, 9*

Give thanks to the Lord, for he is good! His love is everlasting and extends to all creation.

Give thanks to the Lord, for he is good! Bringing wholeness, and peace beyond understanding.

Give thanks to the Lord, for he is good! His arms open wide welcoming home the prodigals.

Give thanks to the Lord, for he is good! His promises are sure His kingdom shall last forever. Give thanks to the Lord, for he is good! ©John Birch

Lord of abundant goodness, may our songs of celebration bring praise to your name and joy to your world. Amen

Friday: Celebration of God's faithful love

Speak to one another with psalms, hymns and spiritual songs. Sing and make music in your heart to the Lord. *Ephesians 5:19*

Sing to the Lord a new song; play skilfully, and shout for joy.

For the word of the Lord is right and true; he is faithful in all he does.

The Lord loves righteousness and justice; the earth is full of his unfailing love.

We wait in hope for the Lord; he is our help and our shield.

In him our hearts rejoice, for we trust in his holy name.

May your unfailing love be with us, Lord, even as we put our hope in you. Psalm 33:2-5, 21-22

Faithful and loving Lord, may our songs of celebration bring praise to your name and joy to your world. Amen

Saturday: Songs of celebration

Give praise to the Lord, proclaim his name; make known among the nations what he has done.

Sing to him, sing praise to him; tell of all his wonderful acts.

Glory in his holy name; let the hearts of those who seek the Lord rejoice. *Psalm 105:1-3*

How can we not sing your praise with heart and soul and proclaim your name throughout the world?

God of creation, Awesome in power, Sustainer, Provider, Saviour, Father of all, there is none like you!

How can we not declare your glory through all that we are, and proclaim your name throughout this world? © *John Birch*

Lord of heaven and earth, may our songs of celebration bring praise to your name and joy to your world. Amen



Lord, we pray for Mothers' Union worldwide.

 1 – 2 Harare in Zimbabwe; Machakos in Kenya; Ogori-Magongo & Ekiti in Nigeria; Southwark in England and Phulbani in India

3-5 Khartoum in Sudan; Dar es Salaam in Tanzania; Bari & Ilesa in Nigeria; Gloucester in England and Dugapur in India

6 Mothers' Union worldwide

7-9 Pacong in South Sudan; Southern Nyanza in Kenya; Kutigi & Ijesha North in Nigeria; Bristol in England and Karnataka Central in India

10 – 12 Pretoria in South Africa; North Mbale in Uganda; Oke-Osun in Nigeria; Exeter in England and Barbados

13 Mothers' Union worldwide

14 – 16 Mthatha in South Africa; Namirembe in Uganda; Pankshin & Sabongidda-Ora in Nigeria; Dublin & Glendalough in All Ireland and Central Solomons in Solomon Islands

17–19 Buye in Burundi; Sebei in Uganda; Abakaliki & Ekiti-Oke in Nigeria; Southwell & Nottingham in England and Belize

20 Mothers' Union worldwide

21 – 23 Rumbek in South Sudan; Soroti in Uganda; Aba Ngwa North & Oyo in Nigeria; Peterborough in England and North Eastern Caribbean & Aruba

24 – 26 Makamba in Burundi; North Karamoja in Uganda; Lokoja & Sapele in Nigeria; Truro in England and Tirunelveli in India

27 Mothers' Union worldwide

28 – 30 Katanga in DR Congo; Rwenzori in Uganda; Mbaise & Egba in Nigeria; Meath & Kildare in All Ireland and Tiruchirappalli Thanjavur in India

Final Blessing

May the Lord of peace himself give us peace at all times and in every season. The Lord be with us all. Amen

Midday Prayers 2023: Transformation – Now! September: Seasons

Monday: Seasons

As long as the earth endures, seedtime and harvest, cold and heat, summer and winter, day and night will never cease. *Genesis* 8:22

God of the seasons, Lord of the harvest, we bring you our first fruits of praise.

God of the seasons, we give you thanks for the rhythm of life by which our days are set.

As day follows night so harvest follows seedtime and we receive once more the provision of our Creator. From summer to winter we are blessed by the crop of his lavish abundance which delights and sustains throughout every season.

Lord of the harvest, we give you thanks for your covenant provision by which our needs are met.

God of the seasons, Lord of the harvest, we bring you our first fruits of praise. Amen

Tuesday: Seasons of life

There is a time for everything, and a season for every activity under the heavens. *Ecclesiastes 3:1*

Throughout life there are seasons and moments of significance.

Times to celebrate life and times to mourn loss.

Seasons of laughter and seasons of sadness. Times of new beginnings and times of final endings.

Moments of unexpected joy moments of unwanted challenge.

Times to draw close together and times of letting go.

Seasons of harmony and seasons of discord.

Moments to look forward with hope moments to look back with thanksgiving.

Lord of the seasons, God in the moment, we bring you our worship and praise. Amen



Wednesday: Serving in every season

Let us not grow weary in doing good, for in due season we shall reap, if we do not give up. *Galatians 6:9 (MEV)*

Lord of each and every season, we celebrate your goodness. We bless your holy name.

Gracious God, the signs of your kingdom are growing but the workers to gather are few. Send us out in every season to the harvest fields of life.

May those who sow and those who reap rejoice in an abundant harvest of goodness and grace.

Give us your strength to carry on throughout changing seasons, knowing that we will reap blessings both now and for eternity.

Lord of each and every season, we celebrate your goodness. We bless your holy name. Amen

Thursday: Seasons of change

God changes times and seasons... He gives wisdom to the wise and knowledge to the discerning. *Daniel 2:21*

God of changing times and seasons we give praise that you remain the same whilst your mercies are ever new.

We pray for all who approach a change in season: Where the past has been good, may they be thankful, and filled with vision for the season ahead.

Where the past has been hard, may they know rest, and be filled with hope for the season ahead.

Give us all grace to embrace seasons of change; to set aside regrets and welcome fresh paths, with trust in your unchanging love.

God of changing times and seasons we give praise that you remain the same whilst your mercies are ever new. Amen

Friday: Seasons of fruitfulness

The one whose delight is in the law of the Lord, and who meditates on his law day and night, is like a tree planted by streams of water, which yields its fruit in season. *Psalm 1:2-3*

Loving Lord, we take delight in you. Plant your love within us that we may enjoy seasons of abundant fruitfulness.

Lead us, loving Father, to fertile places; to cultivate a harvest of faith.

Teach us, gracious Saviour, to nestle close to you; that the Spirit may produce fruit in us.

Grow us, heavenly Gardener, into those who have spiritual food to share with the world.

Loving Lord, we take delight in you. Nurture us with your goodness that we may enjoy seasons of abundant fruitfulness. Amen

Saturday: Content in every season

I have learned the secret of being content in any and every situation, whether well fed or hungry, whether living in plenty or in want. I can do all this through him who gives me strength. *Philippians 4:12-13*

Lord, give me a heart of contentment in every season through which I walk.

An attitude of thanksgiving, whether the storehouse for life seems empty or overflowing with blessed provision.

Lord, give me a spirit of contentment in every season through which I walk.

An inner strengthening by Christ, to trust in his constant faithfulness whether tears overwhelm or all is well.

Lord, teach me the secret of contentment for every season through which I live.

The peace beyond all understanding, which guards my heart and turns fear to faith. **Amen**



Lord, we pray for Mothers' Union worldwide.

1-3 Nzara in South Sudan; North Kigezi in Uganda; Kivu in Rwanda; Damataru in Nigeria; Auckland in New Zealand and Vanuatu and New Caledonia in Vanuatu

4 Mothers' Union worldwide

5 – 7 Mbhashe in South Africa; Kitgum in Uganda; Ukwa & Ilesa South-West in Nigeria; Tasmania in Australia and Central Melanesia in Solomon Islands

8 – 10 Ethiopia; Zanzibar in Tanzania; Awgu/Aninri in Nigeria; Freetown in Sierre Leone; Monmouth in Wales and Malaita in Solomon Islands

11 Mothers' Union worldwide

12 – 14 Ezo in South Sudan; Thika in Kenya;
Jos & Akoko in Nigeria; in Europe and União de Mulheres Episcopais Anglicanas do Brasil (UMEAB) in Brazil

15 – 17 Terekeka in South Sudan; Nairobi in Kenya; Maiduguri & Osun North in Nigeria; Edinburgh in Scotland and Calcutta in India

18 Mothers' Union worldwide

19–21 High Veld in South Africa; Nambale in Kenya; Niger-Delta in Nigeria; Guinea; Blackburn in England and Bhopal in India

22 – **24** Kimberley and Kuruman in South Africa; Kitui in Kenya; Kano & Kwara in Nigeria; Armidale in Australia and Myitkyina in Myanmar

25 Mothers' Union worldwide

26 – 28 Malakal in South Sudan; All Saints Cathedral in Kenya; Kontagora & Osun Northeast in Nigeria; Glasgow & Galloway in Scotland and Pune in India

29 – 31 Luapula in Zambia; Nakuru in Kenya; South Rwenzori in Uganda; Ibadan-North in Nigeria; Connor in All Ireland; Pusan in South Korea

Final Blessing

We go in peace to serve the world united in prayer through the love of Christ. Amen

Midday Prayers 2023: Transformation – Now! October United in prayer: Prayers from MU members

Monday: United in prayer

What does the Lord require of you? To act justly and to love mercy and to walk humbly with your God. *Micah 6:8*

Heavenly Father, as we meet as members of Mothers' Union, may we know your presence and hear your word.

Teach us to know how best to serve you, not just in the needs locally, but in those of the wider world.

Fill us with your Spirit, that we may have the strength to follow your way.

We pray with sure hope and assurance. Amen

Beryl Strange: Wales Province From Dear Lord Prayer Book

When a believing person prays,great things happen!James 5:16 (NCV)

Tuesday: United in prayer

Jesus said "What a huge harvest but how few the harvest hands, so on your knees ask the God of the Harvest to send Harvest hands". *Luke 10 v2 (the Message)*

PRAYER is a time for allowing God into our minds, our hearts, and our lives.

Father God, we kneel before you now with our arms outstretched to receive your blessings to refresh us.

Thank you for all your creation, Lord. As season follows season, giving us continuity and hope in the beauty that surrounds us, help us to look up Lord. *Psalm 19:1* says "The heavens proclaim the glory of God; the skies display his craftmanship the beauty of sunrise & sunset, the trees, flowers, park displays and fields growing crops for food."

We pray for all our members and their families that they would know how much they are loved by you our Heavenly Father. Amen.

Prayers by members Lynda Howells & Ann Gibbons

When a believing person prays, great things happen! James 5:16 (NCV)



Wednesday: United in prayer

Ask and it will be given to you; seek and you will find; knock and the door will be opened to you. *Luke 11:9*

Father, guide and give wisdom to our Worldwide President and all those who hold leadership positions in Mothers' Union as they plan for the future and sustainability of this great organisation.

Father, we earnestly knock on your door, asking you to send your Holy Spirit into Mothers' Union; fill us with your Spirit, re-energise us, re-enthuse us daily as we work in your field.

Father, our vision is of a world where everyone will experience your love and we look to you to make that a reality. We ask this with hearts full of gratitude, through Jesus Christ, our Lord and Saviour. Amen

> Frida Sakala Kazembe; Zambia From Dear Lord Prayer Book

When a believing person prays,
great things happen!James 5:16 (NCV)

Thursday: United in prayer

I thank my God through Jesus Christ for all of you, because your faith is proclaimed throughout the world. *Romans 1:8*

Heavenly Father, we thank you for all the good things you do for us and for building our Union.

We ask you to keep guiding us and increasing our numbers in all the countries where Mothers' Union has a presence and those countries where we are not yet represented.

We ask you to strengthen existing members that they should not tire of serving you and that they will have the strength to do more in their communities so that our presence will be felt and will help our church communities.

We pray for our MU leadership in all countries and we ask all this through your son Jesus Christ. Amen

Priscilla Mphande; Malawi From Dear Lord Prayer Book

When a believing person prays, great things happen! James 5:16 (NCV)

Friday: United in prayer

"WILL YOU NOT REVIVE US AGAIN THAT YOURPEOPLE MAY REJOICE IN YOU?"Psalm 56

The foundation of Mothers Union is prayer.

Father God, as Mary Sumner was obedient to your call, may we follow her example of obedience, love and care. We live in a hurting world but our prayer and actions can bring the light of hope of Jesus wherever we go, as our aims remind us to help and support families whose lives have met with adversity.

We are called to support families especially those who are struggling. We pray that they would receive the help they need to live in safety, free from worry and with hope for the future.

We pray for children throughout our world, that they would be allowed to grow up free from fear.

We recommit ourselves to you Lord Jesus to go out in your name, to be your hands, your feet, to speak your words of love and encouragement to those we meet wherever you send us.

We continue to pray for revival throughout our world "COME LORD JESUS COME"

Prayers by members Lynda Howells & Ann Gibbons

When a believing person prays, great things happen! James 5:16 (NCV)

Saturday: United in prayer

The Lord is good. His unfailing love continues forever, and his faithfulness continues to each generation. *Psalm 100:5*

Lord of all, we give thanks for the far-reaching vision of our founder, Mary Sumner. We look back with praise and gratitude for her witness and the way she has inspired so many people.

Our members worldwide have been beacons of hope for their communities, both with prayer and practical help, bringing joy and reflecting the love of our Saviour Jesus Christ.

We pray that we will be able to continue her vision, ensuring that the role of Mothers' Union will flourish and grow as we unite to be helping hands across the world. Amen

Daphne Burton; Canterbury Province Dear Lord Prayer Book

When a believing person prays, great things happen! James 5:16 (NCV



Lord, we pray for Mothers' Union worldwide.

1 Mothers' Union worldwide

2 – **4** Lebombo in Mozambique; Makueni in Kenya; Newala in Tanzania; Niger-Delta North in Nigeria; Riverina in Australia and North East India in India

5-7 Antananarivo in Madagascar; Taita Taveta in Kenya; Ikara & Ife in Nigeria and Argyll & The Isles in Scotland

8 Mothers' Union worldwide

9 – 11 Kadugli & Nuba Mountains in Sudan; Kinkiizi in Uganda; Amichi & Igbomina West in Nigeria and Ottawa in Canada

12 - 14 Ukhahlamba in South Africa; Maseno West in Kenya; Oji River in Nigeria; Dunkwa-on-Offin in Ghana; Guildford in England and Coimbatore in India

15 Mothers' Union worldwide

16–18 Iraq; Katakwa in Kenya; Kafanchan & Asaba in Nigeria; Lincoln in England and Trinidad & Tobago

19 – 21 Muyinga in Burundi; Lake Rukwa in Tanzania; Okrika in Nigeria; St Asaph in Wales; Bendigo in Australia and Gujarat in India

22 Mothers' Union worldwide

23 – 25 Southern Malawi in Malawi; Northern Uganda in Uganda; Lafia & Ilaje in Nigeria and Thoothukudi-Nazareth in India

26 – 28 Zululand in South Africa; Lodwar in Kenya; Isiala Ngwa South in Nigeria; Accra in Ghana; Bangor in Wales and Colombo in Sri Lanka

29 Mothers' Union worldwide

30 Mpumalanga in South Africa; Central Buganda in Uganda; Zonkwa in Nigeria; Bo in Sierra Leone; Newcastle in England and Barrackpore in India

Final Blessing

Gracious God, may your Spirit transform our minds, that we may truly serve you now and always. Amen

Midday Prayers 2023: Transformation – Now! November Transformation of the mind

Monday: Transformation of priorities

Do not conform to the pattern of this world but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will. *Romans 12:2*

Lord Jesus Christ, we confess that the distractions and busyness of our lives make it difficult to listen deeply to your voice.

Transform our priorities so that we make space in our lives to be quiet and listen to you.

Jesus, Saviour and Lord, may the posture of our lives be shaped by listening to you; the goodness of our lives be shaped by love for you; and the service of our lives be shaped by a humility like yours. **This we pray in your name. Amen** *From* ©*Moira Laidlaw*

Tuesday: Transformation of values

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will. *Romans 12:2*

Jesus, seeker of the lost, we confess to becoming so shaped by the values of this age that your call on our lives is increasingly hard to hear.

Transform our values so they are shaped by your concern for the unloved and unlovely, and for the weak and powerless in our society.

Jesus, Saviour and Lord, may the posture of our lives be shaped by listening to you; the goodness of our lives be shaped by love for you; and the service of our lives be shaped by a humility like yours. **This we pray in your name. Amen** *From* ©*Moira Laidlaw*



Wednesday: Transformation of thought

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will. *Romans 12:2*

Jesus, friend of the poor, we confess that too often any outreach planning is weighed against economic viability.

Transform our thinking so that we risk believing that all things are held together, not by the bottom financial line, but by you.

Jesus, Saviour and Lord, may the posture of our lives be shaped by listening to you; the goodness of our lives be shaped by love for you; and the service of our lives be shaped by a humility like yours. **This we pray in your name. Amen**

From ©Moira Laidlaw

Thursday: Transformation of heart

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will. *Romans 12:2*

Jesus, bearer of reconciliation, we confess that all too often we harbour thoughts which estrange and make us hostile towards one another.

Transform our hearts so that we are filled with the desire to forgive one another and make peace.

Jesus, Saviour and Lord, may the posture of our lives be shaped by listening to you; the goodness of our lives be shaped by love for you; and the service of our lives be shaped by a humility like yours. **This we pray in your name. Amen**

From ©Moira Laidlaw

Friday: Transformation of faith

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will. *Romans 12:2*

Jesus, source of our faith, we confess that we forget all too quickly the words we say, and pray, and sing, in our worship.

Transform our lives so that they remain connected to you at all times and in all places.

Jesus, Saviour and Lord, may the posture of our lives be shaped by listening to you; the goodness of our lives b e shaped by love for you; and the service of our lives be shaped by a humility like yours. **This we pray in your name. Amen**

From ©Moira Laidlaw

Saturday: Transformation of mind

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is – his good, pleasing and perfect will. *Romans 12:2*

Lord God,

we come as living sacrifices, to offer you our worship and thanksgiving, our praise and our prayers.

Through the power of your Holy Spirit, transform our hearts and minds so we may recognise your presence, hear your voice, know your will, and walk in your way.

May the posture of our lives be shaped by listening to you; the goodness of our lives be shaped by love for you; and the service of our lives be shaped by a humility like yours. **This we pray in your name. Amen**



Lord, we pray for Mothers' Union worldwide.

1-2 Mpumalanga in South Africa; Central Buganda in Uganda; Zonkwa in Nigeria; Bo in Sierra Leone; Newcastle in England and Barrackpore in India

3−**5** Akot in South Sudan; Southwest Tanganyika in Tanzania; Aba & Irele-Ese Odo in Nigeria; Coventry in England and Cuttack in India

6 Mothers' Union worldwide

7-9 Namibia; Mount Kenya South in Kenya; Northern Izon & Ijebu North in Nigeria and Durham in England

10 – 12 Lusaka in Zambia; Shyogwe in Rwanda; Sokoto & Ikka in Nigeria; Ely in England and Karimnagar in India

13 Mothers' Union worldwide

14–16 Fianarantsoa in Madagascar; Central Tanganyika in Tanzania; Calabar & Igbomina in Nigeria; Derry & Raphoe in All Ireland and Banks & Torres in Vanuatu

17 – 19 Lui in South Sudan; Embu in Kenya; Orlu & Awori in Nigeria; The Murray in Australia and Medak in India

20 Mothers' Union worldwide

21 – 23 Archbishops, Bishops, and all clergy in the Anglican Communion

 $\mathbf{24} - \mathbf{26}$ Refugees, internally displaced families and those living in a climate of fear

27 Mothers' Union worldwide Sheran Harper & MU Trustees

28-30 All involved with the responsibility of caring for and supporting family life.

31 Mothers' Union worldwide

Final Blessing

May our lives be filled with joy throughout this precious season as we celebrate the wonder of the Nativity. Amen

Midday Prayers 2023: Transformation – Now! December: Celebration of Nativity

Monday: Celebration of Nativity

Give thanks and rejoice in the glory of Nativity! Praise God for his gift of a Saviour.

For to us a child is born, to us a son is given, and the government will be on his shoulders. And he will be called Wonderful Counsellor, Mighty God, Everlasting Father, Prince of Peace. Isaiah 9:6

Jesus, Lord and Saviour we thank you for this season of celebration the renewal of your love for us we pray for all your people that today even in the darkest corners your lamp may be lit and your light may shine giving joy and peace. Amen ©Heather Johnston: 2004

With wonder and joy we celebrate the Nativity. of our Messiah, Jesus Christ. Amen

Tuesday: Proclamation of the prophets

Give thanks and rejoice in the proclamation of Nativity! Praise God for his promise of a Saviour.

How beautiful on the mountains are the feet of those who bring good news, who proclaim peace, who bring good tidings, who proclaim salvation, who say to Zion, "Your God reigns!" Isaiah 52:7

Speak to us afresh, Lord. Open our ears to the message of salvation, echoing down the years in a newborn baby's cry.

Together we proclaim the joyful tidings: Our God reigns!

We celebrate anew the fulfilment of words uttered in ancient times which deepen our faith in God's promises to us.

With wonder and joy we celebrate the Nativity of our Messiah, Jesus Christ. Amen



Wednesday: Rejoicing of Mary

Give thanks and rejoice in the blessings of Nativity! Praise God for his plan of salvation.

Blessed is she who has believed that the Lord would fulfil his promises to her!' And Mary said: My soul glorifies the Lord and my spirit rejoices in God my Saviour. *Luke 1:45-47*

We glorify the Lord with open hearts and voices

Listening, like Mary, we open our minds **Let us rejoice, God is with us**

Watching, like Mary, as God surprises us **Let us rejoice, God is with us**

Responding, like Mary, to God's promise of freedom

Let us rejoice, God is with us

We rejoice in God our Saviour. Holy is his name.

With wonder and joy we celebrate the Nativity of our Messiah, Jesus Christ. Amen

Thursday: Song of the angels

Give thanks and rejoice in the song of Nativity! Praise God for his tidings of a Saviour.

The angel said to them, 'Do not be afraid. I bring you good news that will cause great joy for all the people.' A great company of the heavenly host appeared with the angel, praising God. *Luke 2:9, 13*

Glory to God in the highest, and on earth grace and peace to those on whom his favour rests.

The angels' song rings out: the Saviour is born. We join our voices with theirs to sing of God's love to his people, and to proclaim his faithfulness to every generation. For his word is dependable, his promises secure.

With wonder and joy we celebrate the Nativity of our Messiah, Jesus Christ. Amen

Friday: Joy of the shepherds

Give thanks and rejoice in the certainty of Nativity! Praise God for the birth of a Saviour.

The shepherds returned, glorifying and praising God for all the things they had heard and seen, which were just as they had been told.

Luke 2:20

We praise God for the truth of his word which draws us to the stable of salvation; the birthplace of Love incarnate in all his hidden glory.

As we linger in the presence of the Holy our lives are filled with the joy of salvation; a sacred gift to share abroad, that all may receive through faith.

With wonder and joy we celebrate the Nativity of our Messiah, Jesus Christ. Amen

Saturday: Celebration of Nativity

Give thanks and rejoice in the glory of Nativity! Praise God for his gift of a Saviour.

My eyes have seen your salvation, which you have prepared in the sight of all nations: a light for revelation to the Gentiles, and the glory of your people Israel. *Luke 2:30-32*

A child is to be born within one nation but for all nations. Our God will be revealed, the Son of David born in humility. Love will come down to earth as servant-king and vulnerable

We will sing of your love forever, and proclaim your faithfulness to every generation for by grace incomparable our salvation is here. ©John Birch

With wonder and joy we celebrate the Nativity of our Messiah, Jesus Christ. Amen