

Lent 2025

Resources for group use



The Church of England
Diocese of Ely

The season of Lent can be a time when churches will form Lent groups that focus on a particular issue/challenge/theme as part of their journey of discipleship. Lent Groups can be places where people come together to worship, to study the Bible, to discuss and begin to apply learning to their everyday lives. They can be a place of growth: growing in their relationship with God and growing in their relationship with one another.

The Mission and Ministry Department has sought to support that journey by signposting parishes to resources they may find helpful, which are included here.



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Ripple Effect

We know that prayer can make a difference, so this Lent will you join Ripple Effect to pray for families in rural Africa living on the frontline of the climate crisis?

The resources can be downloaded here:
rippleeffect.org/lent



Green Christian

Lent is a season of penance, prayer and repentance, where repentance can mean not only regret and remorse, but also a “change of mind”, a turning around to the right path.

Humanity certainly needs Lent. Let us model it where we can.

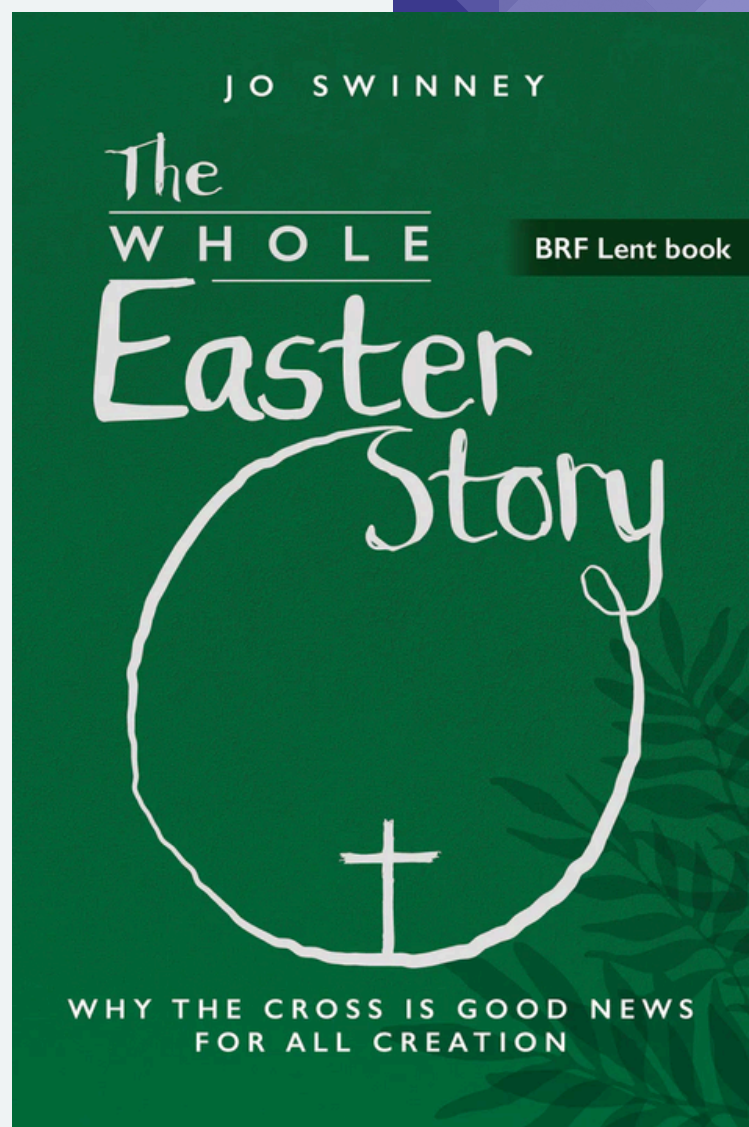
Seven (+) suggestions for lent from Green Christian:
greenchristian.org.uk/lent-2025/



The Whole Easter Story: Why the cross is good news for all creation

The BRF Lent Book for 2025
based on the theme of
creation care.

Explore the profound meaning of Easter beyond personal spirituality. There is no doubt that each of us has a place in the Easter story, but what happened on the cross is not just a story of me and Jesus. It is far deeper and wider than that. In this Lenten journey, Jo Swinney explores the broader impact of the Easter story on God's relationship with creation. Through Bible readings, reflections and stories from A Rocha's global conservation efforts, discover how the cross transforms not just our own individual connection with Jesus, but also our relationships with each other and our world.
brfonline.org.uk/lent



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Embrace the Middle East - Hope in Hard Places

Journey with us this Lent as we look at stories of steadfast faith, hope and trust found in the Bible and reflect on what God's transformational love can mean for our world today. Find encouragement and strength in stories of hope that span over 3000 years of history - showing us that God remains with us at all times.

Inspiring study guides exploring biblical truths, life in the Middle East today and humbling stories from our Christian Partners across Egypt, Iraq, Israel, Lebanon, Palestine and Syria - tackling poverty and injustice and bringing hope to the poorest and most vulnerable communities can be found here: shop.embraceme.org/lent



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Christian Unity in a Fragmenting World – Churches together in Britain & Ireland

This Lenten Resource follows on from the Week of Prayer for Christian Unity theme this year, which invites us to explore together the enduring relevance of the first ecumenical council of the Church which took place in Nicaea 1700 years ago.

The Nicaea 1700 anniversary this year, coinciding with the shared celebration of Easter, provides a unique opportunity to reflect on the progress of our ecumenical journey, deepening our relationships and renewing our vision and commitment.

This resource is based on the themes that have emerged in our reflections on this anniversary in CTBI, inviting others to consider what might be most relevant in your particular context and what actions you might be moved to take.

ctbi.org.uk/lent/



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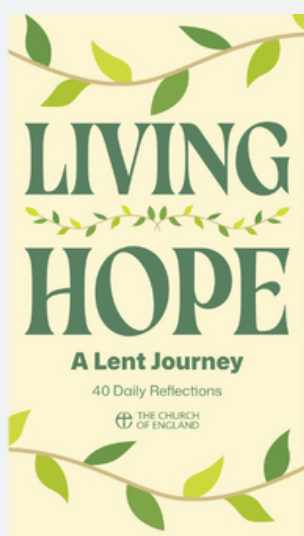


Living Hope - The Church of England

This Lent we are encouraged to put down deep roots of hope by connecting with God who is with us at all times.

In Lent we journey with Jesus on the difficult and thorny road that leads all the way to the cross on Good Friday – and beyond, to the transformation of Easter Day.

God invites us to bring to him our own journey through everyday life. In the disappointment of daily setbacks and the pain of deeper hurts, we discover that God is present with us. And God promises a future where all things are healed and made new.



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Discover more at
cofe.io/LivingHope

Living Hope

Living Hope offers us the opportunity to deepen our hope in God and be part of what God is doing to bring hope in the world.

The readings and reflections explore how we can have hope in times of frustration or uncertainty; the hope found in joining with others; the invitation to notice signs of hope around us; the courage to face reality and pursue a hopeful future; and the ways God transforms death into life at Easter.

LIVING

HOPE



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Discover more at
cofe.io/LivingHope

Living Hope Resources

- Booklets for adults and children and family resources are available to buy from [Church House Publishing](#).
- Downloadable resources including activity sheets for children are available from achurchnearyou.com.
- [Lent reflections content outline](#): A summary of the weekly themes that will be explored this Lent in the [Everyday Faith app](#), for use by clergy and church staff when planning services and small group content.
- [Group resources](#): A plan for those looking to use the Living Hope Reflections with small groups, prayer groups or as a Lent course.

LIVING HOPE



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